INFINITY MISSION!

It is our mission to help re-develop the underdeveloped, and to give every child the ability to #LIVEWITHOUTLIMITS. This program is designed to develop the brain and body from the ground, up. The brain develops in stages; each stage building on the one before it! So, if one stage happens abnormally or doesn’t happen at all, the later stages are also altered. This results in delays in normal development. It is our goal to re-develop children so they can hit their developmental milestones, and be able to succeed in life!

PEOPLE WE HAVE HELPED HAVE SUFFERED FROM:

- Autism
- ADHD
- Behavioral Issues
- Bedwetting
- Sensory Processing
- Strokes
- Seizures
- Vertigo
- Attention Issues
- Vision Issues
- Difficulty Crawling/Walking
- Reading/Learning Issues
- Coordination Issues
- Low Muscle Tone (Hypotonia)
- Poor Hand Eye Coordination
- Anxiety
- More than can fit on this page!

CONTACT

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Dr. Josh and Laryssa Madsen
The Limitless Program is designed to develop the brain the way it is intended to develop.
1) Primitive Reflexes and Sensory Systems
2) & 3) Core Stability and Complex Movements

The brain develops very similar to a tree. Without a good foundation, the tree does not develop well and is not strong. **Primitive Reflexes** are the foundation. These are what the brain utilizes in the first few months to start brain development and create a solid foundation. Based off of these Primitive Reflexes, the **sensory and movement systems** start to develop. The ultimate goal is to have **complex movements**. The reason why, is because this is how the executive centers in the brain are developed. The executive centers control attention, behavior, communication skills, speech, language, etc. However, this cannot be accomplished without proper development of Primitive Reflexes, Sensory Perception and Core Stability, first.

**Practical Reflexes** are reflexes that we are born with, and are present to help us survive in the crazy world outside of the womb. They allow us to eat, breathe, move and explore our world before our brain is developed to be able to do them consciously. If they do not develop or go away at the appropriate times, they can alter normal development of the brain. When these reflexes are retained, they are also associated with many learning disabilities, behavioral problems, attention issues, and other issues that plague our children’s health!

**Core Stability**

"90% of the stimulation and nutrition to the brain is generated by the movement in the spine." – Dr. Roger Sperry 1981 Nobel Prize winner for brain research

To create proper spinal function, the core needs to be developed appropriately. This creates proper stimulation to the brain. Good input results in good output! If the core isn’t strong, there will be an inability to create proper function in not only the spine, but everything that connects to it...which is EVERYTHING!

**Sensory Perception**

The sensory systems are built off of the Primitive Reflexes. A few of these different sensory systems are: **postural** (muscular system), **optomotor** (eyes), and **vestibular** (balance). Making sure these systems are developing appropriately is vital for proper development of the brain and movement.