

## WHAT ARE INTENSIVES?

We offer our intensive sessions for patients that are from out of town to come to our office for a full week or two of therapies. These sessions are 2-hours long Monday-Thursday, and some Fridays (subject to provider availability). This allows our therapists to help make the most progress in a shorter amount of time.

## **WEEKLY SCHEDULE**

When you and your family come in for an intensive session, our staff will put together the schedule for what times you will come in each day. Because intensive sessions are longer and require more hands than a typical therapy session, they are scheduled for our mornings before we begin seeing other patients. You will begin your first day (Monday) with a new patient exam, followed directly with a 2-hour therapy session. We ask that you allow at least 3-4 hours for your first day here. The next 3 or 4 days following will be 2-hour sessions. On weeks that we have doctors available on Friday, we will also see intensive patients that day (subject to availability).

## **THERAPY**

During the initial exam, Dr. Josh, Dr. Ashley, or Dr. Loren will assess what the main course of action will be for the week and what the therapists will focus on. This can vary case by case, but common therapies that occur are low level light therapy, vestibular rehabilitation, primitive reflex integration, physical rehabilitation, sensory integration and more!

## HYPERBARIC OXYGEN THERAPY (HBOT)

We are happy to offer hyperbaric oxygen therapy (HBOT) in our office to our established patients! HBOT enhances oxygen supply to cells and tissues and improves oxidative metabolism in the body. We recommend this to our patients in addition to the 2-hour sessions, but it is not required. These sessions add an extra hour to each day but is very beneficial in their progress throughout the week and allowing them to recover from fatigue. Hyperbaric oxygen therapy helps to increase oxygenation to the brain for the week of therapy.

# ADDITIONAL LABS & SUPPLEMENTS

Many symptoms that patients are experiencing are internal and cannot be tested in our office by our providers. Because of this, we have a list of recommended labs and tests that will give our doctors better insight to how they can make changes to their diet and everyday lifestyle for the best progress. Typically, these labs will be sent directly to your home a few weeks prior to your initial visit so that there is time to return, process, and interpret them on our end. These labs will then allow our staff to make recommendations on supplements to address any deficiencies or toxicities that appear in the results. Any labs and supplements that are recommended will not be included in the cost of the week and must be paid for prior to sending.

Please note that these labs are not meant to diagnose any conditions and supplements are not recommended with the intention to cure any conditions.

#### INVESTMENT

The investment for an intensive session is listed below and allows us to give our undivided attention to your child for the week. Many times, we will have two or three therapists with a child at a time to get best results while your child is here.

New Patient Exam: \$400 2-Hour Session: \$800

HBOT: \$100

1-Week Total\*= approximately \$4000\*\*

\*This total reflects a 4-day week with HBOT each day

\*\*If paid at the end of the week in full with a check or cash, you will receive a 3% discount on your total, not including the new patient exam.